

# YOUR PROBLEMS

by  
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## 'All of Us Inherit Our Skin . . .'

Dear Ann Landers: I am a 22-year-old fellow, who unfortunately has a very fair and smooth complexion. I have never shaved. I go to a small college and am known around campus as "Baby Face."

I am very healthy and normal in every way and I bitingly resent the thinly disguised implications that perhaps I am otherwise. Every girl I ever dated sooner or later has raised the question about my fair skin and the absence of a beard.

Other fellows on campus have light beards, but they shave once or twice a week, so nobody makes any cracks about them. This constant bugging is getting me down, Ann. I don't know if I can take it much longer. I've even considered dropping out of school and going to a large university where I will be less noticed. Can you help me?—DEPRESSED

**Dear Depressed:** The condition of a man's skin is no clue to his virility—or lack of it. All of us inherit our skin from our ancestors.

I checked out your problem with a skin specialist. He suggested you shave a couple of times a week. This will roughen your skin slightly and suggest that you really have a beard. It will not be harmful and is bound to improve your emotional state.

Dear Ann Landers: I need some help and I need it fast.

Whenever I say to my 13-year-old, "That's enough TV, go do your homework," my husband yells, "Stop nagging the boy." When I tell my 10-year-old to go back upstairs and wash his neck his dad shouts, "Don't be a perfectionist. He's clean enough." Yesterday my 11-year-old came to breakfast in soiled trousers and a wrinkled shirt which he had worn for two days. I told him to go change his clothes. His Dad chimed in, "The boy looks all right. Stop picking on him."

The kids get the idea I'm a witch left over from Halloween and their Dad is a saint who is taking their part. What can I do—DEFENSELESS

**Dear D:** The kids are smarter than you think. And they'll get smarter as time goes on. They know you want what is best for them and that their Dad is trying to make life difficult for you. It is a mean and petty game he's playing.

See a marriage counselor together. Your husband's hos-

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**TRIGGER EFFICIENCY . . .** These "Meals on Wheels" carts will play the important role of delivering food to Harbor Hospital patients when they move into their new hospital on March 22. At the left, Miss Elizabeth Starr, chief dietitian, explains the function of the cart to R. L. Mullin, baker, and Mrs. Sally Cook, intermediate food

worker. On top of the cart is the diet chart for each patient. Mrs. Starr removes a tray and in the corresponding drawer at the right are the hot food compartments. A hot plate on top keeps the coffee ready. Meals will be served from these carts as they are pushed through the corridors.

## B&PW To Initiate Members

# New Hospital Features Well-Equipped Kitchen

Six new members will be initiated into the Torrance Business and Professional Women's Club on Jan. 21, at the Palms Restaurant.

Sierra Mar District president, Marilyn Fisher, will act as the initiating officer as the Torrance club continues to follow through on the district theme, "The Golden Circle of Friendship in Federation." The new members are Kay Doss, Eileen Emma, Helen Giza, Alpha LaRue, Fanny Paolozzi and Veva Robinson.

Seven members of the club attended the Harbor Section Breakfast at the Alondra Club on Jan. 13. New ideas in program coordinating were presented by the District program coordinator, Kathryn Murray.

On Jan. 26 the annual workshop and conference of the Sierra Mar District will be held in Long Beach. Julia K. Arri state recording secretary, will speak on the subject of "Leadership—Community, Personal, World." Club president, Mary Snow, will attend with two delegates, Helen Giza and Rae Reinman.

### Centralized Serving Innovated

Think big — and that's what they have been doing for the past five years, ever since the first plans for the new Harbor General Hospital were conceived.

Concerning the kitchen in the new hospital, thinking big for Miss Elizabeth Starr, chief dietitian since 1947, included the preparation of such proportions as 60 gallons of pudding, 500 servings of potatoes cooked in one pressure cooker, and 80 gallons of soup.

Coordinating efforts to serve hot, fresh food to the patients within 20 minutes after it is cooked, the hospital boasts one of the best-equipped kitchens of the present day hospitals.

**Centralized Serving** Heretofore, food in the bulk has been delivered to the various hospital wards. In the new hospital, all trays will be prepared in the kitchen, and on 27 "Meals on Wheels" carts will be taken to the cor-

ridors and patients will be served from the cart.

These carts, fashioned after airline serving, have a refrigerated compartment for cold foods and a heated compartment for hot foods. On top of the carts are hot plates for the coffee services.

The aim of the staff at Harbor is to serve the food within 20 minutes, including the 12 seconds elevator time.

The kitchen, approximately 110 feet long and 30 feet wide, is compact yet furnishes plenty of working space for the employees. Paper dishes and cups are used and when the trays are returned these are put in a mammoth garbage disposal. The trays silver, plastic, china, and glasses, are placed in a huge dishwashing machine. The kitchen also has a large utensil washer, one of the newer inventions.

**Bakery Dept.**

The bakery department in the kitchen, operated by R. L. Mullin of Torrance, who has done the baking at the hospital for the past 14 years, is equipped with every conceivable apparatus for turning out pies, hot breads and cakes. For pie fillings, puddings or custards there is a

60 gallon container. Next to this is a 20 gallon container for preparing fruits for pies, applesauce, etc. In this department, there is a huge refrigerated room where Mr. Mullin places desserts to be chilled.

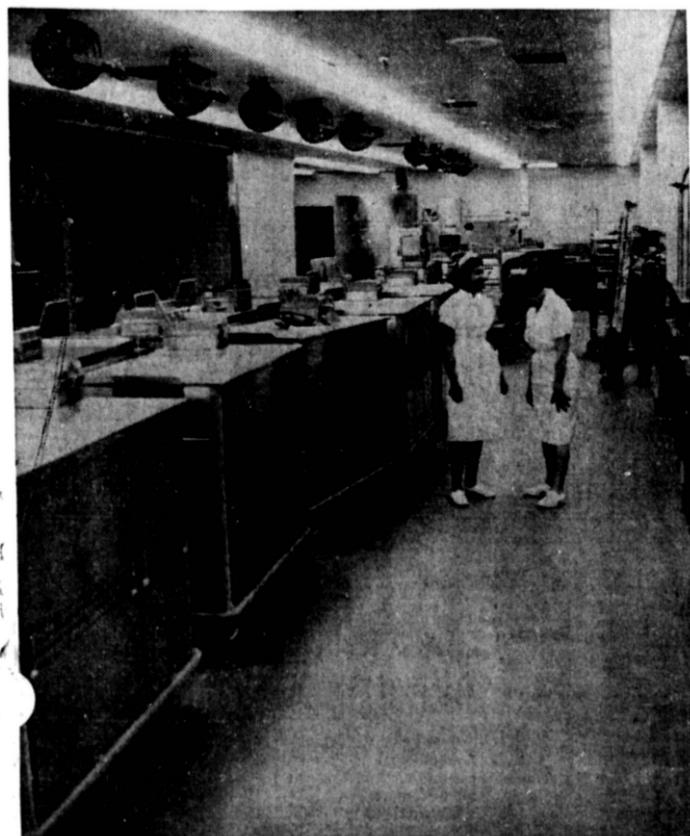
In the cold food portioning division, refrigerated tables, designated for juices, salads and other cold foods are arranged so that 600 trays may be serviced by six girls in approximately 30 minutes.

**Meat Section**

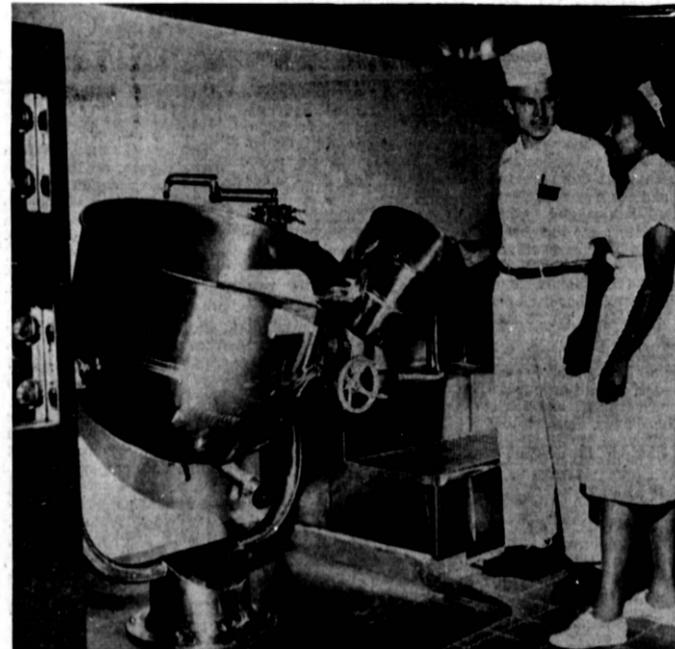
Los Angeles County Purchasing and Stores Dept. purchases the meat for the hospital. The meat, bought in large quantities, is placed on hooks in the refrigerated room. Preparation of the meat takes place in a rotary oven, about 15 feet long and with approximately six long racks.

In the soup and vegetable department there are two rows of containers from 10 to 80 gallons. Stew is also made in one of the mammoth containers and is released through a spigot large enough for the vegetables. That housewife bane, that her vegetables have boiled dry, has been eliminated for workers in this department. Water has

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**A DREAM COMES TRUE . . .** Kitchen employees at Harbor General Hospital take a few minutes each day to tour the kitchen in their new hospital to check the progress. On March 22, the employees will move from their old army barracks kitchen, equipped with outmoded equipment given by the Army, into one of the most modern and well equipped kitchens in present day hospitals.



**DESSERTS BY THE GALLON . . .** R. L. Mullin, baker, and Mrs. Ethel Hunter, intermediate food worker, look at the two mammoth containers in the bakery department of the new hospital. At the left is the container for making as much as 60 gallons of pudding or custard. At the right is a 20-gallon kettle to be used for cooking fruits for pies and making other items such as applesauce. (Photos by Darrell Maddox, Staff Photographer)



**READY FOR ACTION . . .** Mrs. Thomas Haire, center, straps gun to her hip in a "ready for action" gesture as she assumes the presidency of the WOLAPO (Wives of Los Angeles Police Officers). With her are the other new officers recently installed, from left, Mmes. John Musulin, secretary; William Mossman, vice-president; Haire; Roger Smoyer, treasurer; Warren Pancake, ways and means chairman.

### Plan Year's Calendar

## Police Officers Wives Install New Officers

South Bay Chapter IV of Wives of Los Angeles Police Officers installed new officers for the coming year at its regular monthly meeting on Jan. 8.

Mrs. Thomas Haire accepted the gavel from Mrs. Jack Davenport, retiring president. Other officers installed were Mmes William Mossman, vice president; John Musulin, secretary; Roger Smoyer, treasurer; Warren Pancake, ways and means chairman; and Patrick McClure, assistant ways and means chairman.

WOLAPO, Inc. was organized in March 1962. Its members consist of wives of police officers of the South Bay cities. The club's goals are to assist needy persons or groups in the area and to develop friendship among members and other chapters.

Helping to plan the club's philanthropies and social activities are Mmes Robert

Funk, hospital chairman; Jerry Feinberg, hospitality; William Perkins, publicity; Jack Davenport, membership; Jack Chiquet, charity; Rod Bock, tickets.

The first two events on the calendar for the club are a potluck dinner to be held at the Police Academy on Feb. 8 and a bake sale to be held at a local shopping center on Feb. 14.

### OES Breakfast Served Today

First project of the year for the Lomita Chapter 591, Order of the Eastern Star, is a breakfast served this morning from 8 a.m. until noon at the Masonic Temple, 25725 Bland Place Lomita.

Laura Jones, associate matron, is chairman of the breakfast to which the public is invited. Mrs. Wallace Williams is in charge of tickets.

### At Governor's Inauguration

Mrs. Alberta Kratville, 1122 Cerise Ave., returned Tuesday from Oklahoma City where she attended the inauguration of her cousin, Governor Henry Bellmon.

Mrs. Kratville attended the inauguration ceremonies at the Oklahoma State Capitol on Monday, at noon, and the Inaugural Ball, also at the capitol on Monday evening.

A family reunion was held at Edmond, Okla.

Mrs. Kratville flew to Oklahoma City on Sunday.

### To Attend Party

Among the officers and chairman of the Torrance Woman's club planning to attend the Marina District Birthday party next Friday at the Santa Monica Bay Woman's club are Mrs. J. P. Bay, president, Mmes. R. E. Moffitt, J. W. Thuss, Alma Smith, and Godfrey Nelson.

## Local Delegates Attend State League Day Jan. 15

Seven women from Torrance and five residents of the Palos Verdes peninsula represented the two local League of Women Voters units at a meeting of the League of Women Voters of California held in Glendale, Jan. 15.

Featured speaker at "State League Day" was Dr. Dwaine Marvick, associate professor of political science of the University of California at Los Angeles, who discussed the impact of the 1962 election on the parties in the state, on the California legislative process, and the shape of political alignments in the 1964 picture.

Purpose of state league day is to encourage members of local leagues in the state to meet regionally to discuss the organization's program and share ideas on various phases of League work. At

tending the Glendale meeting were members from local leagues as far north as San Luis Obispo and as far south as San Diego.

Representing the Provisional League of Women Voters of Torrance were Mmes. James Hawkins, Emery Reeves, Louis Lanzer, Albert Nadel, Warren Shallies, Carl Pearlston and C. E. Mabry.

Attending from the League of Women Voters of the Palos Verdes Peninsula were Mmes. Norwich Ross, J. D. Schetzer, Nicholas Shishkoff, Melzar Jones and Harry Morgan, Jr. Members of the Torrance League and Palos Verdes group, together with representatives of the Santa Monica League participated in a telephone conference interview with Alphonso Bell, congressman from the 28th district, in Washington, D.C. this week.